ANNUAL INDEX

ANNUAL INDEX VOLUME 31 SEPTEMBER 1985—APRIL 1986

THIS IS THE YEARLY INDEX TO *FORECAST* AND *CHOICES*.
NOTE: LETTERS INDICATE MONTH: S-SEPTEMBER; O-OCTOBER; N-NOVEMBER; D-DECEMBER; N/D-NOVEMBER/DECEMBER; JA-JANUARY; F-FEBRUARY; MR-MARCH; AP-APRIL. THE FIRST LETTER INDICATES THE MONTH; THE NUMBER AFTER THE DASH INDICATES THE PAGE NUMBER; THE LETTER AFTER THE PAGE NUMBER SHOWS THAT THE ARTICLE APPEARED IN *FORECAST*-F OR *CHOICES*-C. IF THE ARTICLE APPEARED IN THE TEACHERS' EDITION OF *CHOICES*, THIS WILL BE INDICATED BY C(T). THIS INDEX DOES NOT INCLUDE THE MAY/JUNE ISSUE OF *FORECAST* OR THE MAY ISSUE OF *CHOICES*.

A

Accidents: Playing It Safe F-5C
Acne: Zits Are the Pits Ja-41C
Adolescence: Help! My Voice Is Changing O-64C
Adoption: The Adoption Option: One Teenager Tells Her Story Ap-25C
Advertising: Advertising Savvy S-26F; Understanding Advertising S-27F; Why You Buy What You Buy Ja-15C; The Top 10 (TV ads) Ja-16C; Creating Commercials F-49F; Health Claims in Advertising Ap-15F
Albright, Barbara: Beyond the Burger Mr-18C
Alcohol and Alcoholism: Brooke Shields: "What Mom's Drinking Problem Meant to Me" S-16C; Alcohol vs. Nutritional Status N/D-43F; Win a Prize and Save Lives D-8C; Make a Contract for Life D-38C; Contract for Life D-39C
Alexander, Elaine: Nurturing Plants and Friends S-55F
Animals: You Don't Have to Be a Vet to Have an Animal Career S-24C
Anorexia Nervosa: Tracey Gold of *Growing Pains* Tells How She Overcame Anorexia Ap-I6C; Anorexia: The Starvation Disease Ap-18C
Appliances: Spotlight on Equipment Ap-32F; Appliances With a Brain Ap-34F; Kitchen Equipment Word Search Ap-36F; How to Be a Better Equipment Consumer Ap-38F
Appliqué: Jazz Up a Jacket With Easy Appliqué S-14C
Athletes: *see also Sports;* Nutrition: What You Can Learn From the Mistakes Young Athletes Make S-10C
Automobile Safety: Playing It Safe F-5C

B

Baggett, James A.: Perspiration Problems? No Sweat! S-28C
Baking: Smart Cookies: How One Class Started a Gingerbread Business D-16C; Short-Order Gourmet: Gingerbread People D-18C; The Science of Making Yeast Bread Ja-51F; Yeast Bread Crossword Puzzle Ja-50F; Short-Order Gourmet: Soft Pretzels Mr-35C
Basketball: Patrick Ewing Says Stick to Your Goals Ja-30C
Bonet, Lisa: "Cosby Kid" Lisa Bonet on Coping With Teenage Love F-15C
Book Reviews: *The What's Happening to My Body Book for Boys* O-10C; *Why You Feel Down and What You Can Do About It* N-5C; *Doing Drugs* Ja-7C; *Shapedown: A Weight Management Program for Adolescents* Ja-7C; *It Won't Happen to Me: Teenagers Talk About Pregnancy* Mr-36C
Bread: The Science of Making Yeast Bread Ja-51F; Yeast Bread Crossword Puzzle Ja-50F
Brown, Philip K.: Computer Watch N/D-16F
Budgets: Career Choices vs. Salary Ap-41F; Career Education Worksheet Ap-43F
Buffalo Chicken Wings: Beyond the Burger Mr-18C

C

Calcium: Osteoporosis: Teaching Prevention, Since There Is No Cure F-24F; Facts on Calcium Supplements F-29F
Calories: Calling a Calorie Recount Ja-8C; Crash Diets Don't Work Ja-20C; Fascinating Fat Facts Ja-22C
Carbohydrates: Nutrition: What You Can Learn From the Mistakes Young Athletes Make S-10C
Careers: You Don't Have to Be a Vet to Have an Animal Career S-24C; The "Real" World Game S-51F; Who's the Boss? S-54F; Careers in Fashion O-37F; Would You Hire These Teens? N-11C; You Can Get That Job N-15C; A Child Care Assistant Program Invests in the Future Ja-42F; How to Plan Your High School Career Mr-8C; Career Choices vs. Salary Ap-41F; Career Education Worksheet Ap-43F; Interest Evaluation Ap-44F; Resort Careers: Planning a Life in Vacationland Ap-28C
Cassettes: Care and Feeding Tips for Tapes, Cassettes and Records S-25C
Chamberlain, Valerie M.: Understanding the Disabled Student Ja-28F
Checking Accounts: Checking Out Checking D-40C; Crossword: Checking Accounts D-41C; Skills Master: How to Balance a Checkbook D-8C(T)
Cheerleading: Here's Something to Cheer About S-7C
Child Care: How-To's for a First-Rate Child Care Nursery Program Ja-36F; A Latch-Key Program for Child Care Students Ja-40F; A Child Care Assistant Program Invests in the Future Ja-42F; Safety in the Nursery Ja-44F; Learning to Care: A Classroom Preschool Teaches Teens About Tots Ap-8C
Chili: Short-Order Gourmet: Tex-Mex Chili F-29C; Test Your Chili I.Q. F-36C
Chinese New Year: A Chinese New Year Celebration N/D-19F; Chinese Cooking N/D-22F
Chores: The Chore Wars O-13C; Graph: How Chores Stack Up O-14C; Chore Wars Battle-Busters O-15C; Chore Wars Survey O-16C; Chore Wars, Part II Ja-8C
Christmas: "The Glass Angel" (Diane Eggleston Hoh; fiction) D-31C; Did You Know . . . D-41C
Christopher, Maura: "I'm Not Ready for This": The Plight of the Pregnant Teenager Mr-25C; The Adoption Option: One Teenager Tells Her Story Ap-25C
Cigarettes: Beware Clove Cigarettes S-6C
Cleaning: The Dozen That Do Dirt In O-54C
Cliques: On the Outside Looking In D-12C
Clothing: *see also Fashion; Sewing;* Makeover: 4 "Sew" Simple Techniques to Make New Clothes From Old O-17C; Shop Smart, Look Sharp O-41C; Wool/Cotton: The Naturals Come Marching In! Ja-36C; Naturals vs. Synthetics Ja-37C; Clothing Care Concentration Mr-44F
Clove Cigarettes: Beware Clove Cigarettes S-6C
Cobe, Patricia: Buying Safe Toys for Kids N/D-37F
Colas: Great American Cola Taste Test O-44C
Colds: The Cold Hard Facts About the Common Cold F-5C
Coleman, Ellen: Nutrition: What You Can Learn From the Mistakes Young Athletes Make S-10C
Color: Color: 1986 — A Home Fashions Forecast S-46F; Test Your Color I.Q. S-48F; Understanding Use of Color S-49F
Commercials: *see Advertising; Consumer Education; Television — Advertising*
Communication, Nonverbal: Seven Signals That Tell You She's Flirting F-22C
Complaining: Doing It Right to Get Results F-30C; Test Your Complaining Skills F-31C
Computers: Computer Watch N/D-16F; Using Computers in Home Economics . . . Three Approaches F-17F; Technology in the Home Mr-30F
Consumer Education: Sporting the Right Shoe S-8C; Survey: Mail-Order Fraud! S-19C; The Food Additive Controversy S-69F; Understanding Advertising S-27F; Advertising Savvy S-26F; Life Styles and Food S-29F; Shop Smart, Look Sharp O-41C; Great American Cola Taste Test O-44C; Consumer Choices: Too Much of a Good Thing? N-6C; Walkaround Stereo Smarts N-8C; Those Little Labels Can Save You Money N-38C; Buying Safe Toys for Kids N/D-37F; Toy Safety Smarts N/D-36F; Beware of Mail-Order Fraud D-14C; Advertising: Why You Buy What You Buy Ja-15C; Mail-Order Health? Buyer Beware! Ja-24F
Contests: And the Winner Is . . . ("Rice on the Range") S-7C; Win a Prize and Save Lives (drunk driving) D-8C; The Potato-Pancake Play-Off D-9C
Cookies: Smart Cookies: How One Class Started a Gingerbread Business D-16C; Short-Order Gourmet: Gingerbread People D-18C
Cooking: And the Winner Is . . . S-7C; Give Me a Pinch . . . S-30C; Kitchen Survival Quiz S-31C; In the Kitchen With Rusty Staub O-25C; Just What Is Louisiana Cookery? O-27C; Pumpkin Patch Pick O-57C; A Microwave Comparison Project O-41F; Microwave Cooking (activity) O-41F; Recipe: Crafty Cranberry Relish N-23C; Chinese Cooking N/D-22F; An International Luncheon N/D-26F; Decode the International Food Facts N/D-30F; The Potato-Pancake Play-Off D-9C; Stir-Fry Veggies, Italian Style Ja-32C; Disabled Students Learn to Cook Ja-30F; Tex-Mex Chili F-29C; Cracklin' Potato Crisps Ap-37C; Potato Skins — A Microwave Recipe Ap-48C
Cotton: The Naturals Come Marching In Ja-36C; Naturals vs. Synthetics Ja-37C
Cranberries: Recipe: Crafty Cranberry Relish N-23C
Crane, Eileen: Technology in the Home Mr-30F
Creole Cooking: Just What Is Louisiana Cookery? O-27C
Cross, Audrey: Crash Diets Don't Work Ja-20C; Anorexia: The Starvation Disease Ap-18C

D

Dance Clubs: Teens Flock to "Dry" Dance Clubs O-8C
Dayton, Mike: Divorced: But Will My Parents Ever Get Back Together Again? O-46C; Seven Signals That Tell You She's Flirting F-22C
De Stefano, Regina: Career Choices vs. Salary Ap-41F
Decision-making: Decisions! Decisions! Here's How to Make Them Ja-28C; Now You Make a Choice Ja-29C
Dehydration: Nutrition: What You Can Learn From the Mistakes Young Athletes Make S-10C
Depression: How to Beat the Holiday Blues N-15C; Billy Joel: It Is a Wonderful Life N-18C; What Teachers Should Know About Teenage Suicide N/D-32F
Diet: *see Nutrition*
Diets: Crash Diets Don't Work Ja-20C; Fascinating Fat Facts Ja-22C
Disabled: The Disabled Student and Home Economics Ja-27F; Understanding the Disabled Student Ja-28F; Disabled Students Learn to Cook Ja-30F
Divorce: Coping With the Single-Parent Phenomenon S-34F; Divorced: But Will My Parents Ever Get Back Together Again? O-46C; Skills Master: How Much Do You Know About Divorce? O-5C(T)
Dogs: The Search for the Great American Dog F-5C
Dracula: One Sick Count? O-8C
Drunk Driving: Win a Prize and Save Lives D-8C; Make a Contract for Life D-38C; Contract for Life D-39C
Dry Clubs: Teens Flock to "Dry" Dance Clubs O-8C

(continued on next page)

ANNUAL INDEX

(continued from preceding page)

E

Easterling, Cynthia R.: Careers in Fashion O-37F
Ehlert, Janice R.: Creating Commercials F-49F
Emotions: "Cosby Kid" Lisa Bonet on Coping With Teenage Love F-15C; On the Roller Coaster Ride of Love F-16C
Employment: *see Careers*
Energy Efficiency: State-of-the-Art Housing: Let's Take a Tour Mr-32F
Equipment: *see Appliances*
Ethnic Cooking: Just What Is Louisiana Cookery? O-27C; Chinese Cooking N/D-22F; An International Luncheon N/D-26F; Decode the International Food Facts N/D-30F
Ewing, Patrick: Patrick Ewing Says Stick to Your Goals Ja-30C
Exercise: Energize With Exercise S-36C; The Do's and Don't's of Working Out With Weights Mr-30F

F

Fabrics: The Naturals Come Marching In Ja-36C; Natural vs. Synthetics Ja-37C; The Furniture Market: An Industry Report Ap-28F
Fads: The Essence of Fashion Change Ap-20F
Falconer, Vera M.: Resource Reviews: Visuals O-12F, Mr-10F
Families: Coping With the Single-Parent Phenomenon S-34F; Life Styles and Food S29-F; Nurturing Plants and Friends S-55F; Education for Parenting O-33F; Stepmothers, Stepdaughters, Stepfathers, Stepsons D-27C; Choosing a Life Style Mr-39F; "I'm Not Ready for This": The Plight of the Pregnant Teenager Mr-25C; The Family Change Game Ap-13C
Fashion: Careers in Fashion O-37F; Bleached Jeans = Wearable Art Ja-9C; Fashion Forecast: Spring/Summer '86 F-32F; The Essence of Fashion Change Ap-20F
Fast Food: Fast-Food Facts Ja-9C; How to Get Nutrition Information on Fast Foods Mr-21F; Beyond the Burger Mr-18C
Fat: Fast-Food Facts Ja-9C; Crash Diets Don't Work Ja-20C; Fascinating Fat Facts Ja-22C; Body Fat Percentage Ja-23C
Fiction: "Tough Luck" (Todd Strasser) S-22C; "The Glass Angel" (Diane Eggleston Hoh) D-31C; "Paper Heart" (John McNamara) F-19C
Films and Filmstrips: Twice in a Lifetime O-10C; Resource Reviews: Visuals O-12F, Mr-10F
Fingernails: Finger Tips O-72C
Flat Tires: Fix a Flat Just Like That N-36C
Flirting: Seven Signals That Tell You She's Flirting F-22C
Floor Plans: Teaching With a Floor Plan Mr-34F
Foley, Joanna: The Chore Wars O-13C
Food Additives: The Food Additive Controversy S-69F
Food Industry: Why Marketing Nutrition Is Good for Business — And You Mr-18F
Food Prices: Those Little Labels Can Save You Money N-38C
Food: *see also Food Additives; Foods, International; Nutrition;* Can TV Make You Fat? S-6C; Fun Food Facts S-34C; Life Styles and Foods S-29F; Foods From Around the World S-31F; In the Kitchen With Rusty Staub O-25C; Just What Is Louisiana Cookery? O-27C; Anatomy of a Pizza Pie N-6C; Please Don't Eat the Mold! N-34C; Beyond the Burger Mr-18C
Foods, International: Just What Is Louisiana Cookery? O-27C; Chinese Cooking N/D-22F; An International Luncheon N/D-26F; Decode the International Food Facts N/D-30F
Fooner, Andrea: Peer Pressure: Feeling Good About Saying "No" S-20C
Forte, Karen L.: A Microwave Comparison Project O-41F
Fraud: Beware of Mail-Order Fraud D-14C; Survey: Mail-Order Fraud S-19C; Mail-Order Health? Buyer Beware! Ja-24F
Friendship: Nurturing Plants and Friends S-55F; Relationship Ravel S-58F
Fruit: Going Fruity for Fruit: Some Mouth-Watering Facts Ja-44C
Furniture: *see Home Furnishings*

G

Games: The "Real" World Game S-51F; Design a Nutri-Match Board Game Mr-41F; Clothing Care Concentration Mr-44F
Garbage: What Garbage Says About Society Mr-22F
Gee, Irene: A Chinese New Year Celebration N/D-16F
Gilman, Margot: In the Kitchen With Rusty Staub O-25C; Shop Smart, Look Sharp O-41C; Privacy: Striking a Bargain With Space Invaders N-24C; Stepmothers, Stepdaughters, Stepfathers, Stepsons D-27C
Gingerbread: Smart Cookies: How One Class Started a Gingerbread Business D-I6C; Short-Order Gourmet: Gingerbread People D-18C
Goals: Wheel of Fantasy Ja-24C; A Game-Plan for Life: How to Pick the Right Goals for You Ja-25C; Patrick Ewing Says Stick to Your Goals Ja-30C; Skills Master: Setting Goals Ja-6C(T)
Gold, Tracey: Tracey Gold of *Growing Pains* Tells How She Overcame Anorexia Ap-18C
Golomb, Barbara: You Don't Have to Be a Vet to Have an Animal Career S-24C
Good Ideas: *see Home Economics Education*
Gordon, Lila: Sewing Lab Entrepreneurs S-62F
Gymnastics: Profile on Mary Lou Retton: Keeping Cool When the Heat Is On Mr-17C

H

Halloween: Makeup That's a Fright Might Delight O-9C; Strange and Wonderful Halloween Facts O-70C
Handicapped: The Disabled Student and Home Economics Ja-27F; Understanding the Disabled Student Ja-28F; Disabled Students Learn to Cook Ja-30F
Hanukkah: The Potato-Pancake Play-Off D-9C
Harrison, Mary Kay: 1985 Home Economics Teachers of the Year O-20F
Hatfield, Denise: The Food Additive Controversy S-69F; Mail-Order Health? Buyer Beware! Ja-24C; Why Marketing Nutrition Is Good for Business — And You Mr-18F; Health Claims in Advertising Ap-15F
Headphones: Walkaround Stereo Smarts N-8C
Health: *see also Nutrition;* Beware Clove Cigarettes S-6C; Perspiration Problems? No Sweat! S-29C; Energize With Exercise S-36C; Help! My Voice Is Changing O-64C; Cold Hard Facts About the Common Cold F-5C; Osteoporosis: Teaching Prevention, Since There Is No Cure F-24F; Facts on Calcium Supplements F-29F; Why Marketing Nutrition Is Good for Business — And You Mr-18F; Health Claims in Advertising Ap-15F; Tracey Gold of *Growing Pains* Tells How She Overcame Anorexia Ap-16C; Anorexia: The Starvation Disease Ap-18C
Heart: Eating Healthy to Save Hearts O-24F
Help!: *see Personal Development*
Herz, Peggy: "Cosby Kid" Lisa Bonet on Coping With Teenage Love F-15C
High School: High School Smarts: Do You Have Them? (Skills Master) Mr-6C(T); How to Plan Your High School Career Mr-8C
Hoh, Diane Eggleston: "The Glass Angel" (fiction) D-31C
Holidays: *see also specific holiday;* How to Beat the Holiday Blues N-15C; What's Your Holiday S.S.Q.? D-36C
Home Computers: *see Computers*
Home Design: *see Interior Design*
Home Economics Curriculum Task Force: Call to Participate in the National Home Economics Curriculum Task Force S-20F
Home Economics Education: *see also specific curriculum areas;* Teacher's Exchange: S-8F, Ja-22F, F-4F; Update: S-22F, O-4F, N/D-6F, Ja-20F, F-5F, Mr-16F, Ap-18F; Good Ideas: S-10F, O-6F, N/D-9F, Ja-6F, F-8F, Mr-4F, Ap-3F; Top Teacher-Rated Public Relations Strategies S-42F; 1985 Home Economics Teachers of the Year O-17F; How to Make Home Ec a Required Subject O-30F; The Disabled Student and Home Economics Ja-27F; Understanding the Disabled Student Ja-28F; Disabled Students Learn to Cook Ja-30F; Using Computers in Home Economics F-17F
Home Furnishings: Color: 1986 — A Home Fashions Forecast S-46F; Test Your Color I.Q. S-48F; Understanding Use of Color S-49F; Technology in the Home Mr-30F; State-of-the-Art Housing: Let's Take a Tour Mr-32F; Teaching With a Floor Plan Mr-34F; Teaching Furniture Refinishing Mr-36F; The Furniture Market: An Industry Report Ap-28F
Home Security: Home Safety and Security Check N/D-41F; Safety Word Search N/D-40F
Household Products: The Dozen That Do Dirt In O-54C
Housing: State-of-the-Art Housing: Let's Take a Tour Mr-32F
Howard, Janet: An International Luncheon N/D-26F
Hu, Sandra Matsukawa: Life Styles and Food S-29F

I

Infant Care: Safety in the Nursery Ja-44F; Infant Equipment Safety I.Q. Ja-46F
Interior Design: Color 1986: A Home Fashions Forecast S-46F; Test Your Color I.Q. S-48F; Understanding the Use of Color S-49F; Technology in the Home Mr-30F; State-of-the-Art Housing: Let's Take a Tour Mr-32F; Teaching With a Floor Plan Mr-34F; Teaching Furniture Refinishing Mr-36F
Interviewing: Would You Hire These Teens? N-11C; You Can Get That Job N-14C

J

Jackets: Jazz Up a Jacket With Easy Appliqué S-14C
Jackson, Katie: Teaching Furniture Refinishing Mr-36F
Jeans: Bleached Jeans = Wearable Art Ja-9C
Jernigan, Marian H.: Careers in Fashion O-37F
Jobs: *see Careers*
Joel, Billy: It Is a Wonderful Life N-18C

K

Kassan, Sylvia: A Child Care Assistant Program Invests in the Future Ja-42F
Kelly, Joan: Understanding the Disabled Student Ja-28F

L

Labels: What's in the Box? The Label Tells the Story Mr-38C
Latch-Key Children: A Latch-Key Program for Child Care Students Ja-40F; Coping With the Single-Parent Phenomenon S-34F
Latkes: The Potato-Pancake Play-Off D-9C
Lawrence Marx, Jr. Resource Management Center: State-of-the-Art Housing: Let's Take a Tour Mr-32F
Levin, Edward: *see also Personal Development (Help!);* On the Roller Coaster Ride of Love F-16C
Life Skills: Checking Out Checking D-40C
Life Styles: Pick a Life Style (Student Activity) Mr-38F; Choosing a Life Style Mr-39F; Life Styles and Food S-29F
Lindrum, George: 1985 Home Economics Teachers of the Year O-22F
Lohse, Kathy A.: The "Real" World Game S-51F
Love: What's Love Got to Do With It? F-4C; "Cosby Kid"Lisa Bonet on Coping With Teenage Love F-15C; On the Roller Coaster Ride of Love F-16C

M

Mail Order: Survey: Mail-Order Fraud S-19C; Beware of Mail-Order Fraud D-14C; Fighting Back: Who Can Help? D-15C; Mail-Order Health? Buyer Beware! Ja-24F
Mainstreaming: The Disabled Student and Home Economics Ja-27F; Understanding the Disabled Student Ja-28F; Disabled Students Learn to Cook Ja-30F
Makeup: Makeup That's a Fright Might Delight O-9C
Marriage: What's Love Got to Do With It? F-4C
McNamara, John: "Paper Heart" (fiction) F-19C
Mead, Cheryl: Beating Shyness: A Way Out for Wallflowers O-29C; Great American Cola Taste Test O-44C; How to Beat the Holiday Blues N-15C; Profile of Bruce Springsteen D-11C; Cliques: On the Outside Looking In D-12C; The Naturals Come Marching In! Ja-36C; Portrait of the Potato . . . The Misunderstood Spud Ap-36C; Cracklin' Potato Crisps Ap-37C; How to Balance a Meal Ap-40C
Merchandising: Careers in Fashion O-37F
Microwave Ovens: A Microwave Comparison Project O-41F; Microwave Cooking (Student Activity) O-43F
Molds: Please Don't Eat the Mold! N-35C
Muller, Elaine: Software Reviews F-14F; Using Computers in Home Economics F-17F
Mulready, Patricia M.: The Essence of Fashion Change Ap-20F
Music: The Roar Over Rating Rock Records D-8C; Profile of Bruce Springsteen D-11C

N

Names: What's in a Name? N-7C
New Year's Day: Making New Year's Resolutions Stick Ja-8C
Nicoll, Peggy: The Family Change Game Ap-18C
Nonverbal Communication: *see Communication, Nonverbal*
Nursery Schools: *see also Preschools;* How-To's for a First-Rate Child Care Nursery Program Ja-36F
Nutrition: Can TV Make You Fat? S-6C; Nutrition: What You Can Learn From Mistakes Young Athletes Make S-10C; The Food Additive Controversy S-69F; Life Styles and Food S-29F; Foods From Around the World S-31F; Nutrition Smarts S-32F; In the Kitchen With Rusty Staub O-25C; Rusty Staub's Nutrition Tips O-26C; Eating Healthy to Save Hearts O-24F; Anatomy of a Pizza Pie N-6C; Alcohol vs. Nutritional Status N/D-43F; Calling a Calorie Recount Ja-8C; Fast-Food Fat Facts Ja-9C; Crash Diets Don't Work Ja-20C; Fascinating Fat Facts Ja-22C; Teenage Height and Weight Chart/Body Fat Percentage Ja-23C; Salty Facts F-24C

O

Oliver, Peter: Sporting the Right Shoe S-8C; Please Don't Eat the Mold! N-34C
Opinion Polls: Major Teen Dislikes D-9C; Chore Wars O-16C; Results: Chore Wars Ja-8C; Teen Pregnancy and Parenthood Ja-10C; Privacy N-26C, 27C; Results: Privacy F-32C
Orange Julius: Beyond the Burger Mr-18C
Orenstein, Shelly: Stressed Out!!!! Mr-14C; The Do's and Don't's of Working Out With Weights Mr-30C; What's in the Box? The Label Tells the Story Mr-38C
Osteoporosis: Teaching Prevention, Since There Is No

Cure F-24F; Facts on Calcium Supplements F-29F

P

Packaging: Are You Buying the Pretty Package? Ap-30C
Parallel Living: Choosing a Life Style Mr-39F
Parent-Child Relationships: How to Get Along With Your Parents F-11C
Parenthood: Survey: Teen Pregnancy and Parenthood Ja-10C
Parents and Parenting: Brooke Shields: "What Mom's Drinking Problem Meant to Me" S-16C; When Your Parent's Problem Becomes Yours S-18C; Coping With the Single-Parent Phenomenon S-34F; Education for Parenting O-33F; Understanding Reproduction O-34F; Privacy: Striking a Bargain With Space Invaders N-24C; Survey: How Much Privacy Do Teens Really Need?/Parents' Turn N-26, 27C
Pasta: Pasta Party Primavera S-26C; Name That Pasta S-27C
Peanut Butter: Why Peanut Butter Sticks to the Roof of Your Mouth (And Other Facts About P.B.) O-8C
Peer Pressure: Skill Sheet: Are You a Pushover? S-8C(T); Peer Pressure: Feeling Good About Saying "No" S-20C
Personal Development: Help!: S-4C, O-4C, N-2C, D-4C, Ja-6C, F-2C, Mr-4C, Ap-4C; Peer Pressure: Feeling Good About Saying "No" S-20C; How Shy Are You? (quiz) O-28C; Beating Shyness: A Way Out for Wallflowers O-29C; Graph: What Makes You Shy? O-30C; 10 Tips for Breaking Out of Your Shyness Shell O-32C; "Sticky Situation": O-53C, N-33C, D-7C, Ja-5C, Mr-5C, Ap-5C; How to Beat the Holiday Blues N-15C; Billy Joel: It Is a Wonderful Life N-18C; Cliques: On the Outside Looking In D-12C; Fantasy Wheel Ja-24C; A Game-Plan for Life: How to Pick the Right Goals for You Ja-25C; "Cosby Kid" Lisa Bonet on Coping With Teenage Love
Perspiration: Perspiration Problems? No Sweat! S-28C
Phillips, Bob: Patrick Ewing Says Stick to Your Goals Ja-30C; Profile on Mary Lou Retton: Keeping Cool When the Heat Is On Mr-17C
Physical Fitness: *see Exercise*
Pillows: Sewing Pillow People Pals Ja-47F; Money Making With Heart: How a Sewing Class Turned Soft Sculpture Into Hard Cash F-6C
Pizza: Anatomy of a Pizza Pie N-6C
Plants: Nurturing Plants and Friends S-55F
Pombonyo, Laura: How-To's for a First-Rate Child Care Nursery Program Ja-36F
Porphyria: Dracula: One Sick Count? O-8C
Potatoes: Portrait of the Potato . . . The Misunderstood Spud Ap-36C; Cracklin' Potato Crisps Ap-37C; Potato Skins — A Microwave Recipe Ap-48C; Fun Food Facts Ap-42C
Potato Pancakes: The Potato-Pancake Playoff D-9C
Potts, Ruth Ann: Understanding Advertising S-27F
Pregnancy: Education for Parenting O-33F; Understanding Reproduction O-36F; Survey: Teen Pregnancy and Parenthood Ja-10C; "I'm Not Ready for This": The Plight of the Pregnant Teenager Mr-25C; The Adoption Option: One Teenager Tells Her Story Ap-25C
Preschools: How-To's for a First-Rate Child Care Nursery Program Ja-36F; Learning to Care: A Classroom Preschool Teaches Teens About Tots Ap-8C
Pretzels: Short-Order Gourmet: Soft Pretzels Mr-35C
Prices: *see Unit Pricing*
Privacy: Striking a Bargain With Space Invaders N-24C; Survey: How Much Privacy Do Teens Really Need? N-26C; Survey: Parents' Turn N-27C; Privacy: Teens and Parents Speak Out (survey results/graphs) F-32C
Product Safety: *see Safety*
Public Relations: Top Teacher-Tested Public Relations Strategies S-42F
Pumpkin: Pumpkin Patch Pick (recipes) O-57C
Purgraski, Carolyn: How to Make Home Ec a Required Subject O-30F
Puteet, Trudy S.: Understanding the Disabled Student Ja-28F

R

Reading: So That's Why They Call It the Boob Tube D-9C
Recipe Modification: Eating Healthy to Save Hearts O-24F
Recording Industry: The Roar Over Rating Rock Records D-8C
Recordings — Reviews: Jayney Scandiff's *Aerobic Lifestyle* N-5C
Records: Care and Feeding Tips for Tapes, Cassettes and Records S-25C
Refinishing — Furniture: Teaching Furniture Refinishing Mr-36F
Relationships: Nurturing Plants and Friends S-55F; Relationship Ravel S-58F
Reproduction, Human: Education for Parenting O-33F; Understanding Reproduction O-36F
Resolutions: Making New Year's Resolutions Stick Ja-8C
Resorts: Resort Careers: Planning a Life in Vacationland Ap-28C
Retail: Careers in Fashion O-37F
Retton, Mary Lou: Keeping Cool When the Heat Is On Mr-17C
Rice: And the Winner Is . . . S-7C
Rock Music: The Roar Over Rating Rock Records D-8C
Role-Playing: The Family Change Game Ap-13C
Roman, Candace Botha: *see also Home Ec. Education (Good Ideas);* Clothing Care Concentration Mr-44F
Runsa: Beyond the Burger Mr-18C

S

Safety: Buying Safe Toys for Kids N/D-37F; Toy Safety Smarts N/D-36F; Home Safety and Security Check N/D-41F; Safety Word Search N/D-40F; Safety in the Nursery Ja-44F; Infant Equipment Safety I.Q. Ja-46F
Salaries: Career Choice vs. Salary Ap-41F
Salt: Salty Facts F-24C
Schiff, Sandra Gass: Coping With the Single-Parent Phenomenon S-34F
Seat Belts: Playing It Safe F-5C
Security, Home: *see Home Security*
Sewing: Jazz Up a Jacket With Easy Appliqué S-14C; Sewing Lab Entrepreneurs S-59F; Sewing Crossword S-62F; Makeover: 4 "Sew" Simple Techniques to Make New Clothes From Old O-17C; Oh, You're "Sew" Smart O-68C; Sewing Survival Quiz O-69C; Make a Holiday Dazzler D-10C; Sewing Pillow People Pals Ja-47F; Money Making With Heart: How a Sewing Class Turned Soft Sculpture Into Hard Cash F-6C; Fashion Forecast: Spring/Summer '86 F-32F; Sewing Industry Leaders Speak Out F-37F; Special Good Ideas F-44F; Here's What's New F-46F
Sex Education: Education for Parenting O-33F; Understanding Reproduction O-36F
Shields, Brooke: "What Mom's Drinking Problem Meant to Me" S-16C
Shoes: Sporting the Right Shoe S-8C
Shopping: *see also Consumer Education;* Shop Smart, Look Sharp O-41C; Consumer Choices: Too Much of a Good Thing? N-6C
Shyness: How Shy Are You? (quiz) O-28C; Beating Shyness: A Way Out for Wallflowers O-29C; Graph: What Makes You Shy? O-30C; 10 Tips for Breaking Out of Your Shyness Shell O-32C; Skills Master: What Makes People Shy? O-8C(T)
Single Living: Choosing a Life Style Mr-39F
Single Parents: Coping With the Single-Parent Phenomenon S-34F
Skin Care: Zits Are the Pits Ja-41C
Small Businesses: Smart Cookies: How One Class Started a Gingerbread Business D-16C; Money Making With Heart: How a Sewing Class Turned Soft Sculpture Into Hard Cash F-6C
Smith, Anna: Alcohol vs. Nutritional Status N/D-43F; Design a Nutri-Match Board Game Mr-41F
Smoking: Beware Clove Cigarettes S-6C; Smoke-Out Day Is on Its Way N-7C
Snack Foods: Can TV Make You Fat? S-6C
Sneakers: Sporting the Right Shoe S-8C; Walking Wonders F-4C
Social Survival: What's Your Holiday S.S.Q.? D-36C
Sodium: Salty Facts F-24C
Soft Drinks: Great American Cola Taste Test O-44C
Soft Sculpture: Money Making With Heart: How a Sewing Class Turned Soft Sculpture Into Hard Cash F-6C
Software: Software Reviews: S-65F, Ja-7C, F-14F
Sports: Sporting the Right Shoe S-8C
Springsteen, Bruce: Profile of Bruce Springsteen D-11C
Stains: The Dozen That Do Dirt In O-54C
Staub, Rusty: In the Kitchen With Rusty Staub O-25C; Rusty Staub's Nutrition Tips O-26C
Stepfamilies: Stepmothers, Stepdaughters, Stepfathers, Stepsons D-27C; Skills Master: Stepfamily Survival D-7C(T)
Stereos: Walkaround Stereo Smarts N-8C
Stories: *see Fiction*
Strasser, Todd: "Tough Luck" (fiction) S-22C
Stress: Daily Stress Diary Mr-8C(T); Test Your Stress Level Mr-13C; Stressed Out!!!! Mr-14C; Profile on Mary Lou Retton: Keeping Cool When the Heat Is On Mr-17C
Students Against Drunk Driving (SADD): Make a Contract for Life D-38C; Contract for Life D-39C
Suicide: Billy Joel: It Is a Wonderful Life N-18C; What Teachers Should Know About Teenage Suicide N/D-32F
Sullivan, Barbara A.: Understanding Use of Color S-49F; 1985 Home Economics Teachers of the Year O-17F; Home Safety and Security Check N/D-41F; Safety in the Nursery Ja-44F; State-of-the-Art Housing: Let's Take a Tour Mr-32F; Teaching With a Floor Plan Mr-36F; Choosing a Life Style Mr-39F; The Furniture Market: An Industry Report Ap-28F; Spotlight on Equipment Ap-32F
Surveys: *see also Opinion Polls;* Mail-Order Fraud S-19C; Teacher Questionnaire: Forecast Networking Form '86 F-2F
Sweatshirts: Make a Holiday Dazzler D-10C
Synthetic Materials: The Naturals Come Marching In! Ja-36C; Naturals vs. Synthetics Ja-37C

T

Tape Players: Care and Feeding Tips for Tapes, Cassettes and Records S-25C; Walkaround Stereo Smarts N-8C
Teachers' Exchange: *see Home Economics Education*
Teachers: 1985 Home Economics Teachers of the Year O-17F
Teemer, Virginia Clark: 1985 Home Economics Teachers of the Year O-18F
Teenagers: Major Teen Dislikes D-9C
Telephones: A Phone of Your Own: How to Install an Extension O-58C
Television — Advertising: Advertising: Why You Buy What You Buy Ja-15C; The Top 10 Ja-16C; Creating Commercials F-49F
Television — Reviews: *Meat and Potatoes* O-10C, O5F; *Toughlove, WonderWorks,* O-5F
Television — Viewing Habits: Can TV Make You Fat? S-6C; So That's Why They Call It the Boob Tube D-9C
Textiles: The Naturals Come Marching In! Ja-36C; Naturals vs. Synthetics Ja-37C
Thanksgiving: Can We Talk, Turkey? N-6C; Talking Turkey About Thanksgiving — Some Little-Known Facts N-40C
Theroux, Karen: A Game-Plan for Life: How to Pick the Right Goals for You Ja-25C; Money Making With Heart F-6C; How to Plan Your High School Career Mr-8C; Learning to Care: A Classroom Preschool Teaches Teens About Tots Ap-8C
Tockarshewsky, Margaret Anne: Pumpkin Patch Pick O-57C; Walkaround Stereo Smarts N-8C; Help! My Voice Is Changing O-64C
Toys: Buying Safe Toys for Kids N/D-37F; Toy Safety Smarts N/D-36F
Turkeys: Can We Talk, Turkey? N-6C; Talking Turkey for Thanksgiving — Some Little-Known Facts N-40C

U

Unit Prices: Those Little Labels Can Save You Money N-38C
Update: *see Home Economics Education*
Utensils: *see also Appliances;* Kitchen Equipment Word Search Ap-38F

V

Valentine's Day: Money Making With Heart: How a Sewing Class Turned Soft Sculpture Into Hard Cash F-6C
Vegetarianism: Understanding Vegetarianism Ap-45F; Student Activity Ap-47F
Videos — Reviews: In Control: A Freedom From Smoking Program N-5C; Resource Reviews: Visuals O-12F, Mr-10F
Vinci, Robert J.: What Teachers Should Know About Teenage Suicide N/D-32F
Voice: Help! My Voice Is Changing O-64C

W

Walkaround Stereos: Walkaround Stereo Smarts N-8C
Walking: Walking Wonders F-4C
Warren, Larkin: Resort Careers: Planning a Life in Vacationland Ap-28C
Waste: What Garbage Says About Society Mr-22F
Water: Nutrition: What You Can Learn From the Mistakes Young Athletes Make S-10C
Weber-Krause, Judy: A Latch-Key Program for Child Care Students Ja-40F
Weight: Can TV Make You Fat? S-6C; Crash Diets Don't Work Ja-20C; Fascinating Fat Facts Ja-22C; Teenage Height/Weight Chart Ja-23C; Body Fat Percentage Ja-23C
Weight Lifting: The Do's and Don't's of Working Out With Weights Mr-30C
Weiner, Leslie: The Science of Making Yeast Bread Ja-51F; Osteoporosis: Teaching Prevention, Since There Is No Cure F-24F; Soft Pretzels Mr-35C; Understanding Vegetarianism Ap-45F
Weller, Sheila: Tracey Gold of *Growing Pains* Tells How She Overcame Anorexia Ap-16C
White-Hood, Marian: An International Luncheon N/D-26F
Wilmore, Kathy: Beware of Mail-Order Fraud D-14C; Are You Buying the Pretty Package? Ap-30C
Wolff, Arthur: How to Get Along With Your Parents F-11C
Wool: The Naturals Come Marching In Ja-36C; Natural vs. Synthetics Ja-37C

Y

Yeast Bread: The Science of Making Yeast Bread Ja-51F; Crossword Puzzle Ja-50F
Young, Margaret: Jazz Up a Jacket With Easy Appliqué S-14C; Makeover: 4 "Sew" Simple Techniques to Make New Clothes From Old O-17C; The Dozen That Do Dirt In O-54C; How to Be a Better Equipment Consumer Ap-38F
Youth: Poll: Major Teen Dislikes D-9C